From the Principal

World Day of Prayer
Our Annual World Day of Prayer will take place next Friday, the 24th at 9:00am. All students will meet at school at 8:45am and will make their way to Hebel Church. This year the country of focus is the Philippines. We invite all parents and the entire greater Hebel community to join us for this event. Please bring along a plate to share for morning tea after the service.

Leaders Induction
This year, Henry Knight will be inducted as our school captain. We invite all families and the community to join us for this special event on our calendar. The ceremony will commence at 9am and will conclude with a morning tea following the ceremony. We invite you all to celebrate with us.

Behaviour Expectations
Please keep up the great job of encouraging students to uphold our school rules and focus on our fortnightly behaviour expectation.

Be Respectful, Responsible, Learning and Safe

This fortnight we were focusing on:

Be Safe - Follow staff instructions
Be Respectful - Keep hands and feet to myself

Comprehension Calendar
Attached to this week's newsletter is the Comprehension and Decoding plan for Term 1, 2017. I have attached this so that all parents are aware what the focus in the classroom is on a weekly basis. You can use your "Comprehension Questions Cards" to ask your child about what we are learning during their home reading time.

Please remember that home reading is a one on one task where your child can practise the skill of reading out loud. There is little to no purpose if the child isn't actually reading to anyone, as there is no one to correct them when they make errors and to encourage them to use different skills when they are stuck.

Students Cutlery
Parents please ensure students are equipped with the necessary cutlery (e.g. spoons and forks) for lunch times. We have had an increased demand to borrow from the staffroom, with some items being lost or not returned.
Same Day Student Absence Notification
From 23/01/2017 all state schools are required to contact parents/carers on the same day that any student is absent from school without explanation. If you are aware of an upcoming absence or your child becomes ill please remember to call the school on (07) 4625 0938 or email the Principal via he.principal@hebelss.eq.edu.au. Notifying the school will allow us to record your child’s absence correctly. I thank you all for your assistance in this matter.

Rugby League Trials
Well done to Henry Knight who was selected in the Balonne Boys Rugby League team yesterday. He will join 16 others from the Balonne district to compete at South West Sports in April. Well done to Henry, and all the boys who participated.

Hebel Footy Tipping Competition
Hebel Footy Tipping Competition commences with the first game Thursday 2nd March. Entry fee is $20 per player, prizes are given for 1st, 2nd, 3rd and 3rd last. To register on line use the following: http://www.footytips.com.au/comps/Hebel_Tipping_Comp

Student of the Week
Congratulations to Harry, this weeks student of the week! Harry is a new student to Hebel in 2017 and is making a great start to his schooling. Harry is always kind, caring and considerate of others, and is trying his very best in all areas of his schooling! Keep up the great work Harry for a fantastic 2017!
Hot Shots Tennis
Developing independence in primary school

By Michael Grose

Practical ideas for parents to encourage real independence in children.

Your goal as a parent should be for your child to be completely self-managing by the end of primary school. That is, he can get himself and others up each morning; make his own breakfast; prepare his own schoolbag; collect his own school uniform; put any notes under your nose to be signed and returned to school; and so it goes on. Now, that doesn’t mean that kids will do all this all the time, because other factors come into play such as busy schedules and early starts; children will need some assistance at times. However, it’s good to keep in mind that children, when left to their own devices, generally do remarkably well at organising their daily tasks. Sometimes they just need the opportunity.

Here are four practical ways to develop real independence in primary school-aged children:

1. Involve them in mealtimes
   Mealtimes are the fulcrum around which healthy families operate. A shared meal is more than food. It’s a ritual that binds people together; it’s a vehicle for parents to influence their children; and it’s an expression of love and care. It is also fundamental to children’s wellbeing because there is a strong correlation between good mental health in young people and those who regularly share a family meal. Mealtimes also offer plenty of opportunities for children to help including running errands, preparing the meal, setting the table, clearing the table, packing the dishwasher and other jobs. There’s something for everyone!

2. Use pocket money to develop independence
   A regular allowance is a fabulous way to promote real independence in children. Start in lower primary school and gradually increase their allowance the older they become. Importantly, you need to increase the areas that their allowance covers. For instance, in lower primary school a child’s pocket money might go towards the purchase of some sweets and one or two other items each week. However, in middle primary school it might increase to cover the cost of one or two lunch orders each week, their bus money and some treats.
Parenting Ideas

Developing independence in primary school

In later primary school it could even cover some of their clothing purchases as well. The important thing is not to cover for kids if, for instance, they don’t budget appropriately and run out of money for school-canteen lunches. They can either make their own lunches at home or perhaps borrow from a sibling and repay out of their next allowance. Pocket money used well is a fantastic way to develop independence in kids.

3. Look after pets
   It’s a quirk of life that most children want a pet, but they just don’t want to look after it in the long term. Many kids discover that following the initial flush of enthusiasm looking after a pet can be a grind – walking the family pooch, cleaning out the guinea-pig cage, or feeding the family feline. But pet care offers priceless lessons in the development of grit, responsibility and nurturance – all necessary attributes for independent success.

4. Walk, ride or take public transport to school
   The opportunity to go to school on your own devices was a luxury that previous generations enjoyed. While it may have seemed at the time like something to be endured rather than enjoyed, most people I discuss this matter with look back with fondness and nostalgia.

   For most people it meant freedom, friendship and fun. For a short time each day kids experienced a delicious type of freedom away from both teachers and parents – a time to muck around, dawdle and mess around with mates. It also gave kids some familiarity with their neighbourhood.

   It’s well established that currently more children are driven to school than ride or walk, which denies children the same opportunity for friendship, fun and freedom. Busy schedules, less child-friendly neighbourhood layouts and working parents are just some of the reasons that prevent kids walking to school. If possible, look for ways to allow your child to get to school on their own. It’s fantastic for their independence and wellbeing. If children are too young, walk or ride with them some of the way until they are old enough and skilled enough to make the trip without you.

   The age of opportunity
   Children in this stage have an outward orientation and are exploring their place in the world. This is an age and stage for greater neighbourhood exploration, for taking on real responsibility and for developing personal confidence and efficacy before adolescence starts.

   Visit our website for more ideas and information to help you raise confident and resilient young people.

Special note: I’m thrilled to announce that my latest book Spoonfed Generation: How to raise independent children is out. It’s available at parentingideas.com.au
Calendar

February
20th       SIU Visit
22nd       RFD Dentist 12noon
23rd       POCKETS
24th       Women's World Day of Prayer 9am Hebel
28th/3rd   Principals Conference

March
2nd        POCKETS/Bre Mobile Play Group
4th        P&C Seafood Night Hebel
9th        POCKETS
14th       NRL Visit 9am
16th       POCKETS/Bre Mobile Play Group
17th       Leaders Induction 9am Hebel (DATE CHANGE)
21/22      QELi Conference
23rd       POCKETS
30th       POCKETS/Bre Mobile Play Group
31st       School Holidays Commence

April
18th       School Resumes
21st/22nd  Dirranbandi Show
25th       ANZAC Day

Birthdays

February
18th       Ruby
22nd       Miah
Community News

Catholic Church Service
March 5th at 10:00am
Hebel

Hebel Footy Tipping Comp.
Commencing First Round Thursday 2nd March

Entry Fee is $20 per person

To Enter you must join online with the following Web Address

Prizes are for: 1st, 2nd 3rd and 3rd Last.
Could everyone please have their $20 entry fee to the Hebel School by Week 5 of the Competition.

If you have trouble registering please contact Emily Robinson at the Hebel School after 3:30pm

Hurry and register it is all good fun!!!!

Friday 24th March 2017
Time 9:00am
Where: Hebel Church

Please bring a plate to share for morning tea.
DIRRANBANDI ARTS COUNCIL AGM
(short discussion on proposed events 2017 to follow)
Parcel’s Office
Saturday February 26th
5pm
Meal at Dirran Motel
Please contact or bring anyone who may be interested in furniture restoration, upholstery, craft workshops, basketry, art, music, books or our local heritage including the Rail & River Precinct. We would love your input for new ideas & direction for 2017.

Dirranbandi & District Future Search
With Geoff Pike: Inspiration Leader—International Business Excellence Awards 2015

25th & 26th February
at 5pm at the
Dirranbandi State School
For the people of the Dirranbandi district, proudly brought to you by the Balonne Shire Council

BACKGROUND
The Dirranbandi Future Search is an initiative of the Balonne Shire Council in acknowledging the challenges of the Dirranbandi community.
The Future Search will set the direction of both the Dirranbandi community and business sector, and will plan for a more resilient and sustainable future for the region.
Geoff lives in Thargomindah Queensland. Geoff is an entrepreneur who grew a successful self made business from remote outback Queensland expanding widely across eastern Australia and employing over 300 people at its peak. Born in Eulo SW QLD, Geoff moved to Thargomindah to undertake an apprenticeship as a Plumber and by the age of 20 Geoff began his own Plumbing business. His business struggled through the first years until he integrated ideas into a new innovative company that provided diversified trade services throughout regional and remote Queensland specializing in Energy Construction.
Geoff really understands and appreciates the challenges of getting both a new business or a new community idea up and running in Outback QLD.

WHAT IS THE POINT OF DIFFERENCE ABOUT THIS WORKSHOP?
The aim of this workshop is to empower individuals and the community to plan in detail for future success in challenging times

WHAT DO I NEED TO BRING?
An open mind and lots of ideas.

WHAT IS THE COST?
Balonne Shire Council is fully funding the Future Search including lunch and smokos on both days.
HEBEL P&C SEAFOOD NIGHT

SATURDAY
MARCH 4TH

6.30PM QLD TIME
HEBEL HALL

Adults $60ea 16+yrs
Children $2 per year of age

BAR
RAFFLES
LUCKY DOOR PRIZE

BOOKINGS essential

Contact Jodie 0428 345 244
or jml-87@hotmail.com

facebook.com/hebelseafoodnight

NO BYO NO ESKIES ALLOWED

RESPECT RESPONSIBILITY LEARNING SAFE