From the Principal

Reading
Reading is without a doubt one of the most essential life skills anyone can possess, and at Hebel we are working on improving our reading across the school. At the moment we are specifically concentrating on learning comprehension and de-coding strategies that will assist us to better understand what we read. One of the most efficient ways of learning how to better comprehend a text is to read a more simple text. This way, the brain isn’t having to concentrate on the reading aspect, but simply the understanding, or comprehension. So don’t be alarmed if your child is sent home a lower level reader at some stage.

Early in term 2 the school will run a workshop to educate parents around the language and the program we are using so a consistent approach and consistent vocabulary can be understood from school at home. More details to come early in term 2.

Dirran Show
Don’t forget the Dirran Show is fast approaching! The students have put together a few items to enter at school but there are many more categories for the students to enter. It is free to enter an exhibit in the show if you are a school age student, so get in and have a go!

- Best vegetable grown by child
- Best object made from fruit and/or vegetable
- Best flower arrangement by a child
- Iced chocolate cake
- Plate of slice (six pieces)
- Plate of biscuits (six piece)
- Pikelets (serving of six)
- Plate of two decorated arrowroot biscuits
- Decorated novelty cake
- Decorated cupcake
- Piece of embroidery by schoolchild
- Any article made by a school child
- And knitted article by school child
- Photography – Nature
- Photography – Animal
- Photography – Group
- Photography – Action

Attendance

<table>
<thead>
<tr>
<th>2016 Hebel State School Attendance Tracker</th>
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</thead>
<tbody>
<tr>
<td>93.3%</td>
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<tr>
<td>95%</td>
</tr>
<tr>
<td>93%</td>
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<td>90.7%</td>
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Robotics and Coding

The St George Cluster of schools is dedicated to increasing the access to high quality education and experiences for our students. One way we are able to achieve this is through Enrichment Days. Last Friday was our first enrichment day of the year and was a coding and robotics day. Invited students from years 4, 5 and 6 from across our region made their way to St George State High School for an exciting and interactive day of learning. Miah and Henry attended from Hebel, they both thoroughly enjoyed their day.

Last Friday Henry and I went to St George State High for a Robotics and Coding Day. There were students from all other schools in the Balonne Shire from grades 4, 5 and 6. One of the things we learnt about were Oz Bots, they follow lines and can turn around, skip, turbo boost and go slow mo. They can do a lot of things. I enjoyed playing with the Oz Bots, they were my favourite. We also used mouse traps to have races. The mouse traps made the cars go. I thought they were fun. I learnt a lot about robotics and coding and had a really good time!

By Miah.

Last Friday Miah and I went to the Robotics day in St George. Some students from years 4, 5 and 6 in the Balonne district were there. We learnt about coding, engineering and robotics. When we went to the library there were two groups, one group were playing with little robots that were following black lines on paper. If you put a certain pattern in it would do a trick. The hardest thing with the robots was that you had to get it over the river, but you couldn’t just put a line over the river, you had to use a special code. The other group went on a computer game. That computer game was about coding. You had to code a little person through obstacles which was fun and interesting. We also played a game where you had to find the other students who were acting out the same invention as you. When you found the same one that made your group for the day. One other thing we did were the mouse trap races. You wind up the mouse trap and let it go. We were seeing if we made changes to our cars would that make them go faster? I would like to thank the teachers from St George State High School for holding the robotics day in St George which was great fun.

By Henry.
Outback Patrol
On Monday Outback Patrol came to Hebel for their annual Hebel School visit. This year, they had a very special visitor with them, Good News the Clown! The students thoroughly enjoyed the visit from Outback patrol and Good News. They also learnt some interesting information about the meaning of Easter.
All parents want to be successful and raise kids to be happy and contributing members of our community. Good intentions are not enough. Often there is no difference between one parent and another in terms of skills, knowledge and understanding of kids. However, the biggest difference can be found in parents’ mindsets, rather than their parenting skills and understandings. Here are 10 mindsets for parenting success:

1. **Believe in your child**
   This is easy if you have an early manner, a child who has talents you value, or one who easily achieves anything he or she puts his mind too. But it’s a different story if you have a child who struggles at school or to make friends, or just has different interest to you. Your belief in your child’s abilities is revealed through your expectations, your body language, even the expression on your face.

2. **Look for the best**
   What you focus on expands so all you see is misbehaviour, weaknesses and poor performance than you’ll get more of these things. Set your antennas for children’s strengths, abilities and social behaviours and you’ll invariably get more of those.

3. **Think long term**
   If you want your child to become independent then don’t do everything for him or her; you need to teach them some skills so they can become self-sufficient.

4. **Be brave**
   Parents of large families invariably give their later born children more freedom than they gave their first-born. We are always stricter with our first-born than later born by the time you have 4 or 5 kids you’ve worked out what’s worth worrying about. So if you are parent of one or two kids give them more freedom and responsibility, you need to be brave.

5. **Think family**
   Successful parents have found a way to lead their family in one direction. To do this you must think in terms of parenting the gang” rather than individual children. “What’s in the best interest of my child?” has replaced “What’s in the best interest of the family?” as the guiding family principle. This has partly come along as a result of small families, and partly it’s a social imperative that is common among aspirational parents where wanting the best for your kids means wanting what’s best for each child as an individual, rather considering what may be in the best for the entire gang.

6. **Accept challenges**
   There are always challenges raising kids. It’s important to embrace these challenges whether they are behavioural, or a child has struggles at school, or he is moving into puberty. It’s these challenges that will make you a better parent.

7. **Build your community**
   Parents don’t raise kids well in isolation yet there is often a reluctance to share the parenting with others. Successful parents know they haven’t all the answers so they build a community of support and expertise around them.

8. **Trust the process**
   Sometimes the desire to want the very best for our child can lead us to interfere at school, pre-school, childcare, even when kids are at their grandparents. It’s best to trust the process and allow people to educate, care for and look after your child in their own way.

9. **Adversity builds character**
   It’s natural to want life to be easy for our children, but sometimes in an effort to ensure their well-being we smooth things over for them. It is through the small hardships that kids experience that they build the persistence and resilience necessary for continued success.

10. **This too shall pass**
    The hardest part of parenting is supporting kids when life doesn’t go their way. There is plenty of research that suggests that kids benefit from having parents who have a positive parenting style that gets the balance right between protecting, teaching and nurturing kids when life gets hard. This starts with the belief that “This hardship too shall pass.”


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Calendar

**March**
8th PE
10th Music
10th LOTE
17th Music
17th LOTE
22nd PE
24th LOTE
24th **Easter Holidays Begin**
25th Good Friday

**April**
1st/2nd Dirranbandi Show

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**Hebel Footy Tipping Competition**

Come on parents and community members join the **Hebel Footy Tipping Competition**, you don’t have to be a football guru - anyone can guess.

Entry fee is $20 for the season and we pay on 1st, 2nd, 3rd and 3rd last places.

Entries are online please follow this link to register

**http://www.footytips.com.au/**

**Competition Name: Hebel Tipping Comp**

Remember It is NOT too late to join!

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**Hebel Footy Tipping Competition Results**

<table>
<thead>
<tr>
<th>Name</th>
<th>Score</th>
</tr>
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<tbody>
<tr>
<td>Rainy Day</td>
<td>13</td>
</tr>
<tr>
<td>Jessica Halls</td>
<td>13</td>
</tr>
<tr>
<td>Rhett Butler</td>
<td>13</td>
</tr>
<tr>
<td>Mish</td>
<td>12</td>
</tr>
<tr>
<td>Selina Halls</td>
<td>12</td>
</tr>
<tr>
<td>Frank Deshon</td>
<td>12</td>
</tr>
<tr>
<td>Sarsar</td>
<td>12</td>
</tr>
</tbody>
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Anyone can still enter this competition, follow the details in the information above. We have 21 entrants at present.
Community News

Church Services Easter

Catholic
Easter Sunday 27th March
At 10:00am

Anglican
Saturday 19th March
At 9:30am

Hebel P&C

Could people who supplied dishes for the Seafood Night and have not got them back please check at school.

We have white platters (china and plastic) plus a yellow handled knife and a melamine white dish.

Also Lisa Knight has 5 First Aid kits that were collected on that evening. Please phone on 0268291398.
INFLUENZA VACCINATION

The latest information provided by the Department of Health indicates that this year's Influenza vaccines will be delivered in early April. We will not start taking bookings for this program until vaccines are delivered to avoid inconveniencing anyone.

Are YOU at risk?
- Do you have diabetes?
- Do you have kidney problems?
- Do you have heart problems?
- Do you have breathing problems?
- Do you have severe asthma?
- Do you have a medical condition that requires regular review by a doctor?
- Has your immunity been suppressed through illness or medication?
- Are you a health care worker?
- Are you over 65 years of age?
- Are you an Aboriginal or Torres Strait Islander person?
- Do you live or work in a nursing home or other long term care facility?
- Are you pregnant?

If you answered 'Yes' to any question it means that you may be at risk of developing serious complications from influenza, regardless of your age.

Protect yourself and those around you - get immunised!
If you would like further information about getting your Influenza vaccination please call Kimberley or contact your GP for advice.

VISITING SERVICES
Don't forget the following services visit Dirranbandi

- Physiotherapy
- Occupational Therapy
- Speech Pathology
- Women's Health Nurse
- Continence Nurse
- Podiatrist
- Social Work
- Adult Mental Health
- Child and Youth Mental Health
- Dietitian
- Diabetic Educator
- Aged Care Assessment Team
- Breast Care Nurse
- Dentist

Some services – eg – physio will require a referral.

If anyone would like information regarding available services, or referrals to these services please call Kimberley or staff at the Dirranbandi MPHS on 46 258 222.
DIRRANBANDI SHOW
Saturday 2nd April 2016
OFFICIAL OPENING
2pm
Ray Meagher
[aka Alf Stewart ‘Home and Away’]

FOR $10 GATE ENTRY YOU’D BE A FLAMIN’ GALAH TO MISS IT!

DROUGHT CONCERT
MISSY LANCASTER JAMES BLUNDELL MICK LINDSAY & THE AYERS ROCKETTES
Sheep • Ring Events • Stockhorse • Campdraft • Commercial Cattle
Wool • Poultry & Birds • Yard Dog Trials • Pavilion • Town & Country Shed
Entertainment • Smorgasbord Luncheon • Lucky Gate Prize • Side shows
Shearing Demo • Fashion Parade • Bar - No BYO Alcohol • BBQ • & LOTS MORE!

WWW.DIRRANBANDISHOW.COM.AU
For more information contact Caitlin Crothers
PHONE: 0488 250 854 or 4625 0856
EMAIL: dirranbandishowssecretary@hotmail.com

EFTPOS / Limited Cash Out Facilities available at the Show Office

starting at 5.30pm

RESPECT RESPONSIBILITY LEARNING SAFE
FOR IMMEDIATE RELEASE

New nbn™ Sky Muster Satellite for Hebel

People in the country are sometimes the last to get new technology however, when customer activations begin in late April 2016, over 400,000 remote Australian families will have access to super-fast satellite broadband services delivering speeds up to 25Mbps on the new nbn™ Skymuster Satellite Service. This includes Hebel where 37 addresses have been approved for Satellite internet services.

For satellite eligible customers this is a first as they have previously had to put up with problematic and slow internet services. When the satellite roll-out begins, people in regional areas will have access to high speed services that are still not available in some major capital city suburbs. If eligible the NBN Sky Muster satellite service replaces any other internet service you currently have. It’s faster, offers more data and in most cases will cost less than you are paying now for a better service.

Charles Tym, CEO of Harbour ISP, a regional service provider of the new satellite broadband services says that it’s a revolution in internet connectivity for the bush. “People have been waiting for a long time for this, and now that it’s just about here, we’re predicting that there will be huge demand,” he says. Mr Tym advises customers to get an application in fast as the queue for installations will be on a first-in first-served basis. Customers will need to choose a Sky Muster satellite broadband plan, and put in an application to get in the queue.

The installation service includes the satellite dish and satellite modem which will be provided at no cost by NBN Co regardless of the equipment you currently have. Based in Mudgee, Mr Tym knows what it’s like to try to run a business in regional Australia and has been hampered by slow internet speeds. Harbour ISP have now been a provider of satellite broadband services to remote Australians for more than 8 years since the advent of the initial satellite services in 2008 which were running at download speeds of 64Kbps. The new Sky Muster is 36,000 times faster than that initial service, up to 10 times faster than current satellite services and around 3 times faster than most city users can get using ADSL.

For more information and to check which NBN service you are eligible for just give us a call on 1300 366 169 or simply apply online at www.harbourisp.com.au
LOCAL JOB OPPORTUNITY

Office Manager Dirranbandi RTC

A position has become available for an Office Manager at the Dirranbandi RTC. This position is part time/casual with hours from 6 to 30 hours per week. The centre’s operating hours are from 9-00am to 4-00pm daily.

DUTIES:
As the Office Manager you will be responsible for the effective and efficient management of the entire RTC including the Dirranbandi library. The Office manager must take on the responsibility to effectively manage staff and allocate and assign duties. You would also undertake the necessary administrative tasks within the centre including invoicing, account payments, Reckon accounting software, rosters & wages. As Office Manager you will also be responsible for marketing, WH&S and a variety of community programmes as well as the delivery and promotion of all services (training will be provided), including

- Queensland Library Services
- Qld Government Agency (QGAP)
- Internet Room
- Heritage Building Society
- Centrelink
- Tourist information

RENUMERATION: Award Rates

A full job application package is available at the Dirranbandi RTC.

Please ensure you read the selection criteria on the last page of the job description and address all of these in your written application.

Closing Date: 12 noon Thursday 24th of March 2016
Return your application to the Dirranbandi RTC, P.O Box 319, Dirranbandi Q 4486
or dirtc@bigpond.com

A panel of three will conduct interviews on Tuesday 29th of March 2016

For further information please call the Dirranbandi RTC 46258411 or Pam Crothers, RTC Committee President on 46250826
or email dirtc@bigpond.com for job description package