From the Principal

Well it’s that time again when we have reached the end of yet another term. It seems to be getting faster and faster as the year goes on. Congratulations to everyone on their spectacular efforts throughout this term, you should all be extremely proud. Term 3 saw sports carnivals, public speaking, bike rides and much much more. I wish everyone a very relaxing holiday, and I look forward to an even more rewarding term 4.

School commences **Tuesday** the 4th of October.

Tour de Hebel

Bring your bike tomorrow! And of course your helmet! Rain, hail or shine we will still be riding! We have just made a few adjustments to this years Tour De Hebel and it will most likely be riding around the school and across the road. BBQ lunch will still go ahead at 11am after the classroom showcase display at 9:30am. Home bake is no longer required, however if you have something to bring along at the BBQ that would be fine. I am hoping everyone can come and enjoy this special celebration of the students excellent work.

Swimming Lessons

Just a reminder to all parents that swimming lessons will commence early in Term 4. The students will require suitable swim wear, including a swim shirt. If students wish to wear goggles they will need to provide their own as the school will no longer be supplying them. A swimming cap and sunscreen will continue to be provided by the school. At this stage our lessons will be on a Tuesday and will run from 1-2pm at Dirranbandi pool.

Attendance

Unfortunately term 3 wasn't great for attendance at Hebel which has caused our year to date to fall short of our goal. Let’s make sure every day counts in term 4 so all of our students can reach the DDSW and Hebel school benchmarks. Are you making every day count?

**Hebel State School Attendance Tracker**

<table>
<thead>
<tr>
<th></th>
<th>2016 Current Attendance</th>
</tr>
</thead>
<tbody>
<tr>
<td>91.2%</td>
<td>2016 Current Attendance</td>
</tr>
<tr>
<td>89.6%</td>
<td>Term 3 2016</td>
</tr>
<tr>
<td>95%</td>
<td>Hebel Expectation</td>
</tr>
<tr>
<td>93%</td>
<td>DDSW Expectation</td>
</tr>
<tr>
<td>88.2%</td>
<td>This Time 2015</td>
</tr>
</tbody>
</table>
Perpetual Trophies and Shields
It is that time of year again when we start to look into this year’s winners of our perpetual trophies. If you have any of the Hebel School or Balonne District perpetual trophies at your home can you please return them to school at your earliest convenience, thank you.

Book Fair and Dress Up
We are all so excited for book fair this year, in particular the dress up competition! The students are to dress up as their favourite book character. This does not need to be an expensive activity, use what you have at home or visit the Op-Shop to complete your ensemble. I looked online for “book week dress up ideas” and the list was endless! I have given some examples below. The school holidays will be a great time to get your costume sorted. Remember, you need to carry the book from which your character is featured so make sure you or the school own it!

Age Champions
Congratulations to Porter, Theo, Victoria and Bryce who received their age champion medallions this week from the Dirranbandi and Small Schools Athletics Carnival.
Student of the week

Congratulations to Ruby McCumstie who is this week's student of the week. Ruby is always respectful by being kind and considerate to others. Keep up the great work!!

Footy Tipping

Footy Tipping has concluded for another year! Thank you to everyone who was involved. Congratulations to all the winners.

Can everyone please ensure they have made payment as there are a few outstanding. Thanks for a great year and GO THE COWBOYS FOR THE GRAND FINAL!!!!!!!

Birthdays

September
9th—Bryce

October
3rd—Henry
CWA Dirranbandi International Day
Children's Competition on the Country of Study Greenland.

Prep
1st Dempsey Rae
2nd Ruby McCumstie

Year 1.
1st Kimberley McCumstie
2nd Porter Rae

Year 3.
1st Victoria McCumstie
2nd Regan Houlahan

Year 4
2nd Miah Rae

Western Division Winners
Prep 1st Dempsey Rae
Year 1 1st Kimberley
Year 3 1st Victoria McCumstie

The three winners from Western Division have now gone to judging at state level. Good Luck to these children.
Parenting Ideas Insights

Building parent-school partnerships

WORDS Michael Grose

Mind their &*%@! language

Standards may change, but the job of parents hasn’t altered. Teach kids to use language that doesn’t offend others. The message to get across to the next generation is – if it’s offensive then choose other words or say nothing at all.

What do you think when you hear kids swear in public?
If you’re like me, you feel decidedly uncomfortable when kids of any age turn the air blue with profanities. Swearing shows lack of respect for others and a lack of awareness for their surroundings.

Teaching kids to use appropriate language is trickier now than in the past. For a start, standards have changed where many words – such as the F word – that were deemed inappropriate in the past are often heard on radio and seen in mainstream newspapers. And words that everyone agrees are inappropriate are frequently used in public forums, to the point that the boundaries of appropriateness have become blurred.

Standards may change, but the job of parents hasn’t altered. Whether it’s teasing or swearing it’s all the same. The message to get across to the next generation is – if it’s offensive then choose other words or say nothing at all.

Socially-smart kids alter their language
Socially-skilled kids of all ages will adjust their language to suit the situation they are in. They may speak one way with their friends, but use a completely different vocabulary with adults. They are aware that what works with their best friend just won’t cut it when in grandma’s company. This awareness shows social acuity and a flexibility to adjust to different environments. It needs to be extended to all sorts of situations, including where adults and younger children are present.

They didn’t hear that from me!
What do you do when you know your children swear despite your best intentions?
Don’t over react. Try to work out its purpose. Children swear for many reasons, including to experiment with language; to attract your attention; to make themselves appear bigger or older than they are; and even as a challenge or expression of personal power.

Inappropriate language can also simply be a reflection of your children’s peer groups. ‘Everyone else swears so there’s nothing wrong with it’ is a common attitude of many children and young people.

Teach them that language may be appropriate in one context or be accepted by one group but it is not acceptable in every situation. While not condoning swearing, get across to children that they need to learn to control their use of language and adjust it to suit the situation they are in.

When swearing becomes a habit
If swearing has become a habit for kids, make up alternative words to replace the swear words. One family I know had replaced certain words with different fruits. They had a fruit for every situation.

more on page 2
...Mind their &*%@! language...

Alternatively, use a penalty or fine system to make kids aware of their poor language. When you hear a family member swear, fine them an agreed amount. At the end of the week or month give the money to a worthy cause. Of course, this strategy is easier to implement when parents join in as well.

Take a long, hard look at...er...yourself!
It’s also helpful to examine your own choice of language to judge if it is an acceptable model for your children. Yep, sometimes kids will pick up their parents’ language and repeat it at the worst possible time, such as when relatives are over.

The job of adults is to develop a sense of social awareness in the next generation so they can easily navigate a variety of different groups and social situations. Teaching appropriate language use is at the very heart of teaching kids to be socially-skilled. That’s something we all should swear by!

**WHEN KIDS SWEAR**

1. Avoid over-reacting when your kids swear. Look for the reason.
2. Discuss with older children the concept of matching their language with the audience.
4. Use a penalty or fine system when kids swear in front of you.
5. Model the language you want kids to use.

Michael Grose
Parents and Caregivers,

The safety and wellbeing of students is the highest priority for the department. At Hebel, from this date we will be required to notify parents the same day their child is away from school without an explanation. Relevant procedures have been updated and practical guidance have been made. Our commitment is to contact parents as soon as practicable on the day if a student is not at school and we don’t know why. If you are advised by the school that your child is away without a reason, please contact us as soon as possible by texting/calling/emailing to let us know where your child is. We will follow-up with parents if no response is received.

Please remember to call the school on 07 4625 0938 or email at the.principal@hebelss.eq.edu.au early in the morning (you can leave a voicemail) if your child is going to be away or late for school so your child’s absence can be recorded correctly.

Furthermore, there are times when we may need to contact parents and carers for absence, sickness etc. Do we have your most up to date contact details? If not, please contact the school on 07 4625 0938 or the.principal@hebelss.eq.edu.au so we can update our records. These details include parent/carers’ name, address, phone numbers, email address and emergency contact details. Please remember to contact the school if any of these details change.
Calendar

**September**
- 16th: School holidays commence

**October**
- 3rd: Public Holiday
- 4th: Term 4 Commences
- 6th: POCKETS
- 8th/9th: Hebel Campdraft P&C Catering
- 11th: Swimming Lessons Dirranbandi

**Footy Tipping Results**

<table>
<thead>
<tr>
<th>Day</th>
<th>Name</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>Mr B.</td>
<td>154</td>
</tr>
<tr>
<td>2nd</td>
<td>Frank Deshon</td>
<td>151</td>
</tr>
<tr>
<td>2nd</td>
<td>Thomas Dyer</td>
<td>151</td>
</tr>
<tr>
<td>3rd</td>
<td>Rhett Butler</td>
<td>148</td>
</tr>
<tr>
<td>4th</td>
<td>Lauren Crothers</td>
<td>146</td>
</tr>
<tr>
<td>5th</td>
<td>Rainey Day</td>
<td>144</td>
</tr>
<tr>
<td>6th</td>
<td>Shelley Johnston</td>
<td>142</td>
</tr>
<tr>
<td>6th</td>
<td>Grinner</td>
<td>142</td>
</tr>
<tr>
<td>7th</td>
<td>Jack Johnston</td>
<td>140</td>
</tr>
<tr>
<td>8th</td>
<td>Selina Halls</td>
<td>135</td>
</tr>
<tr>
<td>9th</td>
<td>Emily Robinson</td>
<td>134</td>
</tr>
<tr>
<td>10th</td>
<td>Mish</td>
<td>133</td>
</tr>
<tr>
<td>11th</td>
<td>go hard</td>
<td>131</td>
</tr>
<tr>
<td>12th</td>
<td>Sarsar</td>
<td>129</td>
</tr>
<tr>
<td>12th</td>
<td>Jessica Halls</td>
<td>129</td>
</tr>
<tr>
<td>13th</td>
<td>Houla</td>
<td>128</td>
</tr>
<tr>
<td>14th</td>
<td>Wally Bell</td>
<td>127</td>
</tr>
<tr>
<td>15th</td>
<td>Belinda Butler</td>
<td>126</td>
</tr>
<tr>
<td>16th</td>
<td>Kimberley Clark</td>
<td>121</td>
</tr>
<tr>
<td>17th</td>
<td>She who must be obeyed!</td>
<td>110</td>
</tr>
<tr>
<td>18th</td>
<td>Blueel</td>
<td>96</td>
</tr>
</tbody>
</table>

There are a few who have not paid. Could you please pay by next term otherwise prize money may not be yours!!! Drop your $20 to the school or ring to make other arrangements please.
Community News

Catholic Church Service
October 2nd
At 10:00am

Hebel Campdraft
Saturday & Sunday
8th & 9th October
At Hebel Sport’s Grounds
Bar & Food available all weekend
Come along for a great weekend of entertainment.
Adult & Children's Events

Hebel State School
POCKETS Program

Contact: Emily Robinson, (07) 4625 0938
Meets every Thursday 9-11am.
For all children not yet of school age.

Hebel State School
POCKETS Program

DIRRANBANDI SWIM CLUB

Information and Sign On afternoon for the 2016-2017 Season

At 5.30 PM
Tuesday 4th October 2016
at the
Dirranbandi Pool

FOR MORE INFORMATION
Edwina Graham  0437 258 000
Kirsten Murphy  0428 196 926

RESPECT  RESPONSIBILITY  LEARNING  SAFE
Save the Date

Melbourne Cup Luncheon
hosted by Hospital Auxiliary

Tuesday 1st November at Dirran Pub

For more information contact: Lorraine Crothers 07 46 250 856 or crothdl@bigpond.com
Fran Hetherningtn 07 46 258 255 or Lynda Parbury 07 46 258 393

Christmas in the Showgrounds
hosted by
Dirranbandi Show

Saturday 10th December
6pm
Dirranbandi
Showgrounds

Santa, Spin & Win, Raffles, BBQ, Bar, Ice-Cream & Coffee Van, Jumping Castle and more
Dirranbandi Civic Centre
4th October at 7.00pm
Bar opens 6.30pm;
nibbles & dinner available
Tickets: Members & concession $20;
non-members $25;
Secondary $15;
Primary free

A Discount of 10% for groups of 4 or more who prepay.
Bookings 42586151
Presented by Dirranbandi Arts Council

An Evening with Groucho has been one of the highlights of the year, personal, moving, funny and authentic” Michelle McEwan - Townsville City Council