



Hebel State School  
Maud Street Hebel  
[the.principal@hebelss.eq.edu.au](mailto:the.principal@hebelss.eq.edu.au)

22nd June, 2018

# The Hebel Howler

WOULD YOU LIKE TO RECEIVE THE HEBEL  
NEWSLETTER VIA EMAIL?  
IF SO, PLEASE SEND YOUR REQUEST TO:  
[the.principal@hebelss.eq.edu.au](mailto:the.principal@hebelss.eq.edu.au)

## Focused Areas of Improvement 2018

Reading  
&  
Writing

### Staff

Principal  
Sharon Roberts

Teacher  
April McLaren

Business Manager  
Sabrina Khan

Teacher Aides  
Shelley Johnston  
Selina Halls  
Lisa Knight

Grounds/Cleaner  
Sue Guihot

Visiting Teacher  
Luke Todd

## From the Principal

**PJ DAY-** All students and staff have been asked to wear their winter PJ's on Thursday 28<sup>th</sup> June 2018 to celebrate our Positive Behaviour Learning rewards with a movie afternoon and popcorn.

**Report Cards-** Next week will see the Report Cards for the end of semester 1, will be sent out to families on Friday 29<sup>th</sup> June 2018.

**Parent Teacher Interviews-** Will be held Week 2 of Term 3. I will be available for interviews Monday to Friday from 3.15 to 4.15. Please contact the office for an appointment.

**Newsletter-** Next term the Hebel SS newsletter will change from a fortnightly newsletter to monthly newsletter. The Newsletter is also available to download from the schools webpage <https://hebelss.eq.edu.au> and is accessible through the QSchools app.

**Leave-** I have decided to take one week's leave at the beginning of term 3. This time will help me tidy up any loose ends in FNQ, which will allow me to totally focus on my new role at Hebel SS. Miss E Bromwich will be taking the class, the students will be in good hands.

**Prep Enrolments Enrolment's** for Prep in 2019 are now open at Hebel State School. If your child turns 5 by June 30 2019, they are eligible to enrol for prep at Hebel State School next year. Prep is compulsory in Queensland therefore if your child is of prep age in 2019 they need to be enrolled into a schooling facility.

**Healthy Lunches** -A healthy lunch following a nutritious breakfast is critical for students to have success at school. Students, like adults, cannot focus or concentrate when they do not have a healthy breakfast and a nutritious lunch when at school. When making your child's lunch for school try to include healthy items such as fruit, sandwiches and nuts/grains. Mandarins are in season at the moment and are perfect for lunches at school. Bananas are excellent. Where possible, try to avoid high sugar foods such as cakes, rollups, milo bars and heavily processed food items. They taste great but do not sustain children throughout the school day as they are high in sugar. Talk to our staff if you would like tips or ideas for healthy lunches/snacks.

Enjoy your holiday.

Kind Regards  
Sharon Roberts  
Principal

## Calendar

### June

25th/1st

27th

28th

28th

29th

### July

16th

19th

Teacher Exchange Program - Kim Maroske

**Under 8's Day Dirranbandi School**

POCKETS

**PJ's Day**

End of Term 2

School resumes Term 3

POCKETS



# P&C News

Thank you to Rob for organising for the children to have a school excursion to the Mungindi Cotton Gin on Wednesday of last week, from all reports the children were very interested. The majority of the children only knew what cotton seed looked like not the plant, the bulb or anything about the process. Thank you to Rob & Kelly for getting the sand to top up the long jump pit so the children can practice for the Small Schools' Athletics Carnival to be held in Dirranbandi on Friday 3rd August

There will be a working bee at the school on Monday 2nd July to connect the rain water tanks to the garden as well as erect the green house.

The BBQ that was set for Thursday 28th has had to be cancelled due to a clash with Under 8's Day in Dirranbandi



# The Cotton Ginnery

## By Victoria McCumstie, Year 5

First the cotton was brought in by large trucks from farmers. It is placed in long line awaiting the walking floor.

The bales are then placed on the walking floor, the walking floor helps the cotton to be put into a machine that has pins which loosen up the cotton.

Then it is sent into a cleaning process. The cotton has all the rubbish (leaves and dirt) taken out of it.

After all the debris is out of the cotton, it is then taken to the next process. The next process is taking out the seeds from the cotton. They do this by using raisers that fluff up the cotton and hook the seeds out.

Once the cotton is cleaned and the seeds are taken out it then goes through the fluffing process. The cotton is fluffed up because it is easier for the textile manufacturers to use the cotton. After the cotton is fluffed they are compressed into rectangular bales and are put into single bags. Then they are numbered and registered to track where the cotton has come from.

The cotton is then placed under a shed waiting to be shipped to different places around the world.

We all enjoyed our day at the cotton Gin.

We thank Rob Harvey for organizing our excursion.

### Facts on Cotton

Cotton can grow to 1.7 metres tall.

Cotton produces three different coloured flowers purple, white and yellow.

Each year there are around 25 million tonnes or 100 million bales grown worldwide.

Cotton has self-pollination ability so it doesn't rely on bees.

220 Kilograms of cotton can be turned into 680000 cotton balls and 215 pairs of jeans.



# Photos from our Excursion to the Mungindi Cotton Gin



RESPECT

RESPONSIBILITY

LEARNING

SAFE

# insights



## Dealing with video game crazes: Fortnite and fanaticism

by Martine Oglethorpe

Working with kids in schools these past weeks, and indeed having five children of my own, has alerted me to the seemingly unprecedented obsession with the new online game Fortnite. Not since Pokémon Go has something seemed to take the world by storm, leaving parents wondering when it will ever stop.

The answer to that last question is probably that it will stop when the next big thing comes along. These fads may well be a modern day version of the Rubik's Cube, elastics or swap cards, though of course the effects of the obsession can be much more pervasive than with my childhood obsession with PacMan.

**If Fortnite is the latest craze to hit your household, or you are being nagged and cajoled to let them have the game “that everyone else is playing”, then here are a few things you should know:**

- It is violent. The aim of the game is to be the last person standing, and in order to do that you must kill all the other players.
- However the violence is portrayed as less real and almost cartoonish. There is no blood and gore as such, and so the violence is not comparable to that portrayed in other games such as Call of Duty or Grand Theft Auto.
- You can work in a team or on your own; working in a team can develop some effective teamwork skills.
- You can chat to team members but also random strangers who make up the remainder of the 100 players who are playing at the time.
- You can turn the chat function off by going to the settings and clicking on Audio options. This limits chatting to a player's friends or team members.
- Kids will be very loud playing this game so there is little chance of them playing it behind your back!
- Each game goes for about 20 minutes so it is an easy one to put time limits on by stipulating the number of games.
- It is frequently described as addictive so it is unlikely they will leave a game midway through.

## parenting \*ideas

As with any new game, social network or fad, it is crucial that we familiarise ourselves with it. Have a game with them, play around with the app or read about what the possible dangers may be so that you can have the right conversations and put the right boundaries in place.

Whilst there are certainly many areas of video gaming to be concerned about, it is also important to recognise that most video games can build skills and can also have social, emotional and cognitive benefits.

Now of course in order to enjoy these benefits parents need to ensure that gaming remains under control and that the games being played are at an appropriate level for their child.



### Five things to keep in mind

1. Discuss any themes or concepts you are concerned about to see if your child has a grasp on the reality (or lack thereof) when it comes to certain games.
2. Monitor how your individual child is coping with a game and the amount of time they are playing. If their mood is changing, they are having a fight to come to the dinner table or they are staying up all night and neglecting other areas of their lives, then you will need to step in and make some changes.
3. Remember it is your house and your rules. But making these rules and boundaries from a place of knowledge and understanding makes them a lot easier to enforce.
4. If a child is struggling with time limits, warnings may help and you may wish to slowly reduce the time being played (rather than go cold turkey). However, some parents have had success with giving their kids a total break from games when things were getting out of hand.
5. Always go to the settings area of any game or network as there you will find ways to make the experience as safe and positive as possible. Minimising the number of people they have the ability to connect with and who can make contact with them is a good place to start.



Remember that every child is different and so the effects that gaming has on each child will be different. The key to enjoying a positive experience with whatever game or craze comes your way is to ensure your child maintains control over their play, that they are playing safely and that they are still leaving plenty of time to do all of the many other things they need to experience on any given day.



#### Martine Oglethorpe

*Martine Oglethorpe is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Martine is available for student workshops, for teacher professional development and for corporate and parent information sessions. Contact details: [info@martineoglethorpe.com.au](mailto:info@martineoglethorpe.com.au), [themodernparent.net](http://themodernparent.net), [facebook.com/themodernparent](https://facebook.com/themodernparent)*

## Results of The Hebel Footy Tipping Competition

1.	Emily	72
1.	BJ	72
1.	Shelley Johnston	72
1.	Sarsar	72
2.	Selina	70
3.	Lauren Crothers	69
3.	Wally Bell	69
3.	Franko	69
3.	Rhett	69
4.	Brownie	68
5.	Mish	65
6.	Jack Johnston	64
7.	RaineyDay	62
8.	go hard	59
9.	Kimberley	57
10	CC90	53
11.	Blueel	44



**We all need to pay our entry fee of \$20 per person by the end of Term 3 which is September 21st.**

## Community Meat Tray Raffles

The Hebel community thanks the Hebel Hotel & Store for their contribution to the District with all funds raised from these raffles going to the local organisations.

Following are the dates :

### June

22nd Hebel Church  
29th Hebel Campdraft

We hope everyone can support these events at some time.  
Come have a chat, a drink and eat out, it makes an enjoyable evening.

**Queensland Country Women's Association**  
**Dirranbandi Branch**



**Sewing & Craft Day for**  
**Girls**

Venue: QCWA Rooms, Dirranbandi

Date: Tuesday 10 July and Wednesday 11th July

Time: 9:30am to 3:30pm

**Workshop is opened to girls (8yrs to 12yrs)**

The girls will be learning the following skills:-

- ◆ Card Making
  - ◆ Cross Stitch
  - ◆ Flash Drive Pouch
  - ◆ Suffolk Puffs
    - ◆ Applique
  - ◆ Denim ipod protective cover
- ◆ Machine Sewing make an apron with decorative stitches



All areas of learning & participation by the girls in the above skills will be supervised on the two days of the workshop.

All materials for "Sewing & Craft Day for Girls" will be provided free of charge also

Morning Tea, afternoon Tea and lunch

Interested please contact Mrs Helen Blake 07 46258410

Mrs Janice Stanton 07 46258484





# Community News

**South West**  
Hospital and Health Service  
proudly presents

**FREE EVENT**

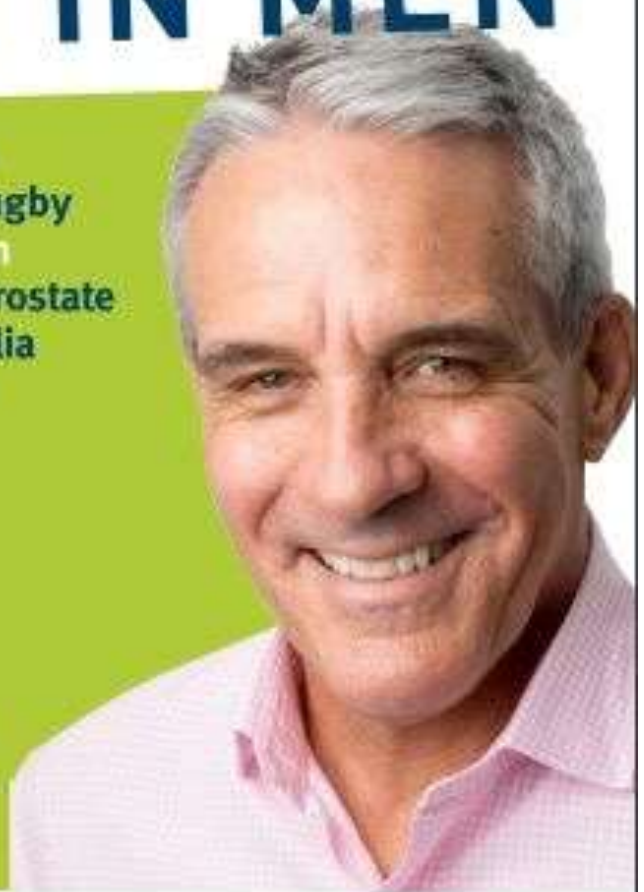
# HIM

## HEALTH IN MEN

- Comedy show, featuring the legendary entertainer and rugby league author, Steve Haddan
- Keynote speaker from the Prostate Cancer Foundation of Australia
- Health and wellness checks
- Entire family welcome

Coming to the  
Dirranbandi Tennis  
Club 5pm to 7pm,  
Sunday 24 June 2018.

Light refreshments provided and  
drinks available for purchase.



RESPECT

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# Dirranbandi Fishing & Restocking Club Inc.

## **Free Family Fishing Day**

Dirranbandi Fishing Club would like to  
invite everyone to a **Free Fishing Day**  
at the

## **Fishing Club Shed**

Jack Dwyer Memorial Park.

**Sunday 24th June**

9am till final weigh in at 2.30pm.

**Registration is Free.**

**Lunch time:** BBQ and Drinks are **Free**  
thanks to Qld Murray Darling Committee.

Heaps of Prizes for the Kids.

**Everyone is welcome.**



**You're invited!**

Surat on Balonne Gallery  
invites you to join us for  
the opening of

# ON THE Bright Side...!

A quirky art exhibition celebrating life's simple pleasures  
by Lexie Antonio & Teresa Mundt



**Saturday 30 June 2018**

**2:00pm**

Cobb's Court, Surat on Balonne Gallery  
62 Burrowes Street, SURAT Q 4417



Free entry | Light refreshments & canapes provided

SURAT ON BALONNE GALLERY | 62 Burrowes Street, PO Box 60, SURAT Q 4417  
P 4626 5136 | F 4626 5256 | E [suratlibrary@maranoa.qld.gov.au](mailto:suratlibrary@maranoa.qld.gov.au)  
OPEN | Mon-Fri 9am to 4:30pm | Sat-Sun 10am to 4pm  
[www.facebook.com/surat.on.balonne](http://www.facebook.com/surat.on.balonne) | [www.suratonbalonnegallery.webs.com](http://www.suratonbalonnegallery.webs.com)



Please RSVP to [info@teresas-easel.com](mailto:info@teresas-easel.com) by Monday 25 June

## Little Athletics

Sign up

Tuesday 26th June @ 4:00pm  
Dirranbandi School Oval

Start Date:

Tuesday 17th July

Time:

4:00pm Tiny Tots 3yrs - 5yrs  
4:20pm 6yrs +

Everyone Very Welcome to Come Along

### Building Active Communities Workshops

Free workshops for sport and recreation club volunteers



#### LEVEL 1 - SPORTS FIRST AID

Successful participants will receive a Statement of Attainment in the following:

- HLTAID001 Provide CPR
- HLTAID003 Provide First Aid
- SSISSPT302A Provide initial management of sports injuries.

This **FREE** workshop is limited to 25 spaces.

**Please note:** Before registering you will need to create a Unique Student Identifier (USI) to receive your Statement of Attainment. Please [create your number online](#) now.

Saturday 14 July 2018

9 AM – 3 PM

Balonne Skill Centre,  
2 Victoria Street,  
St George QLD 4487

[Register now](#)

or visit:

<http://ems.gs/3noe0fWbQJl>